

Mammoth Cave Trail Ride

Trail Notes

1. The trail management team consists of:
 - a. Janet Turley: 270-792-3068
 - b. Tracy Mitchell: 615-970-0413
 - c. Dr. Fernanda Camargo: 859-323-1027
 - d. Anna Draeger: 502-689-4696

In addition to organizing the event, this team will be present at the ride. We are happy to answer any questions you might have. A trail map with highlighted suggested rides will be available the day of.
2. Several important forms will be sent out to the email you provided during registration. Please make sure to fill out and return the necessary forms by email or by bringing a copy the day of. We will have blank copies available at the event as well.
3. The day event from 9 am-3:00 pm is free. **If you plan on staying overnight, please make sure to register separately with Mammoth Cave Horse Camp [here](#).**
4. All riders under the age of 18 are required to wear a properly fitted ASTM/SEI equestrian helmet when riding. Proper horse back riding attire is also required, including proper footwear.
5. All youth riders (under the age of 18) must have parent supervision or another designated responsible adult with them at all times.
6. No pets beyond your campsite.
7. **A Coggins & Health Certificate are required for each horse.**
8. Trails at Mammoth Cave can be rocky. It is recommended that horses be shod on at least their front feet.
9. All Kentucky 4-H Horse Program rules apply.
10. This event does NOT count for educational hours. It DOES count as a qualifying event for those planning on attending the Kentucky State Fair 4-H Horse Show.
11. Make sure to have fun and bring food to picnic together!

If you have further questions, please reach out to:

Anna Draeger

Work phone: 859-257-7501

Email: anna.draeger@uky.edu

See the next page for the outlined schedule.

Time (Central Time)	Event	Details
9:00am-10:00am	Donuts and Tack up	Enjoy free donuts as you prep for the day!
10:00am-1:30pm	Trail Riding	Suggested trails will be provided
1:30pm-3:00pm	Picnic	Enjoy good food and company, door prizes!!
3:00pm	Done	Stay & camp or pack-up and head home

Sample Day Packing List

This is meant as a basic reference, please consider individualized needs.

- **For Horses:**
 - Health papers (**Current Coggins & Health Certificate for each horse**)
 - Halter/lead rope
 - Water buckets- water hydrants are available near the stalls.
 - Hay/hay nets
 - Fly mask
 - Fly spray
 - Hoof pick
 - Brush kit
 - Easy boot
 - Saddle
 - Saddle pad
 - Bridle
 - Phenylbutazone (Bute) & flunixin meglumine (Banamine) paste
 - Thermometer
 - Equine First Aid Kit (trail management team will also have 1-2)
- **For Riders:**
 - Riding gloves
 - Helmet
 - Layers (raincoat, jackets, etc.)
 - Multipurpose knife
 - Sunscreen
 - Sunglasses
 - Insect repellent
 - Human First Aid Kit (trail management team will also have 1-2)
 - Food & drinks for the picnic (and snacks for the day)
 - Map (we will have some printed maps available as well)
 - Compass
 - Cell phone
 - Foldable chair

Extra information:

- There are wash racks next to the horse barns.
- Restrooms are on-site.
- There is a fenced in outdoor arena with some trail obstacles.
- For parking:
 - Enter the campground gates.
 - Go right (the pavilion/check-in area, horse barns, and arena will be to your left).
 - There is a grassy area past the dump station on the left. Campground staff will be present to help direct traffic. **Please follow their instructions.**
- It's best practice to check the condition of your tack, truck, and trailer prior to heading on a trip to trail ride.

Please take some time to look through the resources below.

We're looking forward to a FUN and SAFE day!!

Related UK Extension Publications to reference:

- [Truck & Trailer Packing](#)
- [Trail Riding Etiquette](#)
- [First Aid Kits](#)
- [Caring for Your Horse Away from Home](#)

Saddle up Safely publications to reference:

- [Trailer your horse safely](#)
- [Travel to a new environment](#)